Track: 2015-05-23 prete pollino e dolcedorme (mdt).gpx **Date: 26/05/2015**

Track: 2015-05-23 prete pollino e dolcedorme (mdt).gpx	**IBP = 181 HKG**
Detected modality = HKG	
IBP index reliability= B	

Total length	22.873 Km
Analyzed distance	22.873 Km
Lineal distance	0.017 Km

Accumulated climb	1770.34 m
Accumulated descent	1779.22 m
Maximum height	2271.66 m
Minimal height	1510.37 m
Climb rate	16.05 %
Descent rate	15.95 %
Positive climb difference per	77.4 m
Negative descent difference per	77.79 m

Total time	9:40:29 h
Time in movement	7:36:05 h
Stopped time	2:04:24 h

Total speed average	2.36 Km/h
Average speed in movement	3.01 Km/h
Maximum held speed	7.11 Km/h

Max slope filter	~55 %
Min. ponts separation	~30 m
Number of points	5469 (cad. 4.18 m)
Significant points	712 (cad. 32.17 m / 13.02 %)
Aberrant points	800 (14.63 % d. total)

Direction changes per	16.83
Direction changes >5º per	13.16
Accumulated straight stretches	2.758 Km
Straight stretches per	120.58 m
Penalizables slope changes	12
Penalizables slope changes per	0.525

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Summary of slopes



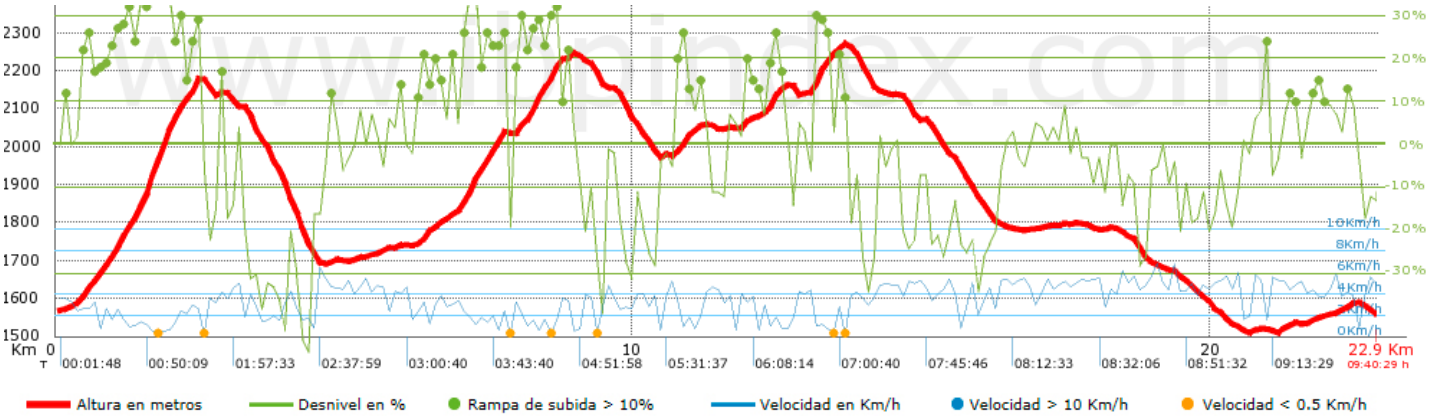
	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.305	5.7	1.7	0:46:04
	Between 15 and 30%	4.054	17.72	2.11	1:55:01
	Between 10 and 15%	1.37	5.99	3.4	0:24:11
	Between 5 and 10%	1.817	7.95	3.58	0:30:29
	Between 1 and 5%	2.481	10.85	3.85	0:38:38
	Total :	11.028	48.21	2.6	4:14:23
	Plain				
	Difference of 1%	0.693	3.03	3.73	0:11:09
	Breakdown descents				
	Between 1 and 5%	2.416	10.56	4.03	0:35:58
	Between 5 and 10%	1.852	8.1	4.1	0:27:06
	Between 10 and 15%	1.384	6.05	4.17	0:19:55
	Between 15 and 30%	4.086	17.87	3.45	1:11:05
	Between 30% and 55%	1.414	6.18	2.32	0:36:29
	Total :	11.153	48.76	3.51	3:10:33
	Total track :	22.873	100 %	3.01	7:36:05

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High altitude parameters, data above							
Altitude	**Distance m**	**% of total**	**Time in movement**	**Speed**	**Stopped time**	**Total time**	**Speed**
2250	**288.615**	**1.26**	**0:06:31**	**2.66**	**0:20:27**	**0:26:58**	**0.64**
2000	**8781.538**	**38.39**	**3:07:12**	**2.81**	**1:15:07**	**4:22:19**	**2.01**
1750	**6494.944**	**28.4**	**2:24:23**	**2.7**	**0:21:05**	**2:45:28**	**2.36**
1500	**7307.738**	**31.95**	**1:57:59**	**3.72**	**0:07:45**	**2:05:44**	**3.49**
Total :	**22.873 Km**	**100 %**	**7:36:05 h**	**3.01 Km/h**	**2:04:24 h**	**9:40:29 h**	**2.36 Km/h**

Stops

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Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
0.723	0:02:48	1661	0:16:55	0:16:55	0.723
1.613	0:03:52	1901	0:53:48	0:36:53	0.89
1.674	0:04:18	1926	0:59:33	0:05:45 < 10´	0.061
1.736	0:06:44	1953	1:05:33	0:06:00 < 10´	0.061
1.825	0:03:58	1990	1:13:14	0:07:41 < 10´	0.09
1.887	0:03:04	2011	1:18:01	0:04:47 < 10´	0.062
2.505	0:07:37	2181	1:40:33	0:22:32	0.618
4.427	0:02:34	1725	2:33:56	0:53:23	1.921
7.614	0:03:01	2002	3:45:15	1:11:19	3.187
7.776	0:11:39 > 10´	2039	3:52:05	0:06:50 < 10´	0.162
8.314	0:02:55	2110	4:17:39	0:25:34	0.538
8.496	0:05:36	2163	4:27:25	0:09:46 < 10´	0.183
8.939	0:06:28	2245	4:44:25	0:17:00	0.442
9.288	0:07:56	2209	4:56:04	0:11:39	0.349
10.429	0:03:22	1973	5:26:40	0:30:36	1.141
10.99	0:02:41	2036	5:43:07	0:16:27	0.561
11.655	0:03:06	2051	5:57:41	0:14:34	0.665
12.093	0:03:37	2077	6:09:22	0:11:41	0.438
12.532	0:02:41	2146	6:24:03	0:14:41	0.44
12.6	0:02:31	2158	6:27:28	0:03:25 < 10´	0.068
13.311	0:02:46	2209	6:48:18	0:20:50	0.71
13.402	0:05:31	2235	6:52:50	0:04:32 < 10´	0.092
13.624	0:20:27 > 10´	2268	7:01:53	0:09:03 < 10´	0.222
15.592	0:02:49	1967	7:54:45	0:52:52	1.968
22.456	0:02:23	1588	9:33:12	1:38:27	6.864
Total :	2:04:24 h				

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